

Students and teachers researched their schools and came up with recommendations

## Students Newsletter 2 ABC-project: impressions from the work in schools

15 January 2020

<https://www.gale.info/en/projects/abc-project>

<https://www.instagram.com/studentsjoinagainstbullying/>



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## The 26 items we asked about “unpleasant behavior”.

1. Other students left me out of things on purpose
2. Other students insulted me
3. Other students made fun of me
4. Other students spread nasty rumours about me
5. Other students took away or destroyed things that belong to me
6. Other students waited for me so that they can hurt me
7. Someone said me that he/she will do something to me in the future
8. Other students hit me or pushed me around
9. Other students hurt me with a weapon
10. Other students forced me to give them money or stuff
11. A boy touched me erotically and without my will
12. A girl touched me erotically and without my will
13. A group from my school bothered me
14. A group not from my school bothered me
15. A teacher made fun of me
16. A teacher insulted me
17. A teacher hurt me on purpose
18. A teacher touched me erotically
19. Other students made fun of me in a chat room
20. Other students threatened me in a chat room
21. Someone sent me an email that made me very angry
22. Someone posted something on my own social media page that caused me uncomfortable feelings
23. Someone shared a post about me that I didn't want others to see
24. Someone shared a picture of me without my permission
25. I saw an instant message (chat) that made me upset or uncomfortable.
26. Someone threaten me badly while I am online

If you experienced one or more of these “a few times a month or more”, we considered it as bullying.

## The survey

Most students  
filled in the survey  
in 2018

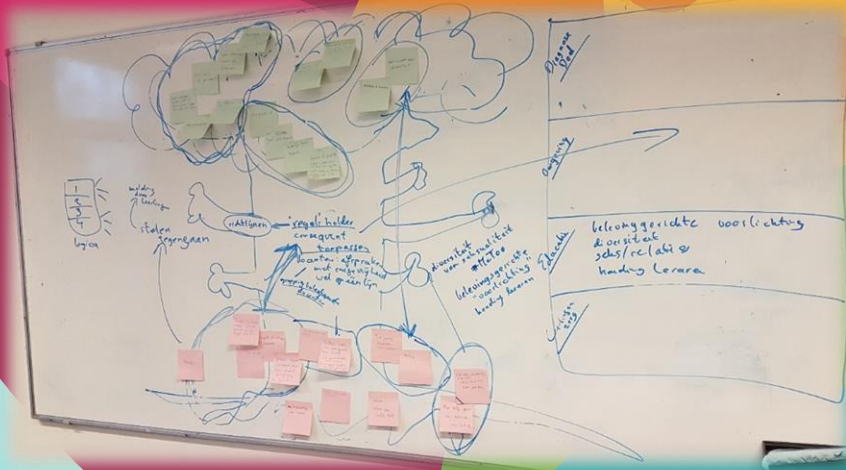


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*Interviews in a Greek school*

## “Visitations” by students

In the ABC-visitations, students got presentations of the results of the surveys and of the current school policy. Then they did short interviews with other students to check if their own impressions and impressions from the survey match with the day-to-day experience of other students. The day ended with a discussion and formulation of recommendations for the school management to improve school policy.



*Recommendation tree by Dutch students*

## Recommendation Tree

In most visitations, students made a recommendation tree; with positive point in the leaves, points to improve in the roots and priorities to improve on the trunk.

This tree is from Dutch students. They wanted more clear rules and equal ways of applying rules by teachers. And they wanted teachers to stop making “funny” but not-so-nice jokes about them.



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*Visitation in a Greek school*

## Insecure

In some schools, the surveys and the interviews with students showed that some students feel too shy to say something about unpleasant behavior.

So students in some schools recommended that the school should help students to be more self-assured so they can be more open about their feelings.

But of course, other students should be nice enough to give space to express such feelings.



In a school in Italy, the teachers, students and even parents engaged in a circle discussion called a maieutic or Socratic dialogue. This means that no-one “teaches” but everyone learns from each other knowledge and viewpoints. It is not a “debate” but a way to learn by sharing experiences and to analyze situations together.



*Discussion on priorities in a Dutch school*



*Teacher workshop in a Italian school*

The teachers also did workshops. They often wanted to know more about what student really think, what happens online, and how they can help. But they also worry about how to deal with unpleasant behavior in class.



*The Convey game*

One Italian school also took part in a European project on cyberbullying and stereotyping. They worked together to make an online game on this.

Want to try it out?

<https://Notagame.eu>

## Next steps

The final phase of the project is to discuss if national and European policies have to change. More about this in the next newsletter. Join the discussion on Instagram

<https://www.instagram.com/studentsjoinagainstbullying/>

Or on

<https://www.gale.info/en/how-to-combat-bullying>

