

*DO YOU EVER  
WONDER  
IF YOUR  
ANTIBULLYING  
STRATEGY  
IS UP - TO - DATE ?*



<https://www.gale.info/en/projects/abc-project>



**ANTIBULLYING  
SELF-ASSESSMENT  
IN SCHOOLS**

## THE BACKGROUND

*Do you ever wonder if your antibullying strategy is up-to-date?*

High quality learning requires intrinsic motivation and attention by students. This is not always easy to organize for a school. Especially in high schools... Students are adolescents, there are many distractions and they are eager to try out their limits. Challenging each other, and their teachers may be part of this. And some students are troubled because of problems at home or in their environment. Schools are required to have a school safety policy, which includes anti-bullying and non-discrimination measures.

Six partners from the **European Antibullying Network (EAN)** developed a method to support schools to check whether their school safety policy is up-to-date and fully effective. It is called the **Antibullying Self-Assessment procedure**.



## THE ANTIBULLYING SELF-ASSESSMENT PROCEDURE

The procedure focuses on a self-assessment which the school can use to check if the policy is up to date & if it still works like intended.

The self-assessment has 5 steps:

1. Collect the antibullying & non-discrimination policy documents
2. Ask students and teachers to fill in a survey
3. Organize a one-day review of the school situation by students
4. Organize a one-day review workshop of the school situation by teachers
5. Make an analysis based on the previous & decide about improving the policy.

**All the documentation to help you take those steps is available free of charge on <https://www.gale.info/en/projects/abc-project>**

The self-assessment leads to a unique and tailored recipe to enhance the specific situation in your school!

If you are interested in SUPPORT, please feel free to contact the EAN-partner organization [eansecretariat@antibullying.eu](mailto:eansecretariat@antibullying.eu)

The self-assessment procedure can be completed with a formal audit leading to ISO-certification.

If you are interested, please contact EAN.

## SUPPORT

The self-assessment procedure has been tried out in 10 schools in 5 countries. Our manual for the procedure is written in such a way that an internal school coordinator can organize the procedure. But during our try-outs, we have noticed that schools often like to have external help during the process.

This support consists of:

1. Assisting coordination of logistics
2. Making the surveys available online and to analyze the data & make a report
3. Facilitating the review by students & teachers and summarizing their recommendations
4. Giving additional information and training to teachers to assist the school management in
5. Making the final assessment and the balance choice between all the recommendations coming out of the surveys, from students and teachers

